

## WHAT TO DO IF COVID-19 SYMPTOMS OCCUR

Version 02 dated 11 November 2020, subject to change due to official order at any time

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Gender note: For ease of reading, male pronouns are used in all Covid-19 documents. The female form is of course always included.

### **Covid-19 symptoms**

Currently known Covid-19 symptoms are

- Acute respiratory disease (e.g. cough (usually dry), sore throat, shortness of breath, chest pain)
- Fever without other cause
- Sudden loss of the sense of smell and/or taste
- Acute confusion or unexplained deterioration in the general condition of older people (65+).

The following symptoms are additionally possible

- Headache
- General weakness
- Malaise
- Muscle aches
- Runny nose
- Gastrointestinal symptoms (nausea, vomiting, diarrhoea, abdominal pain)
- Skin rashes

**In case of uncertainty, the coronavirus check of the FOPH must be carried out in any case!**

If the employee is already on set, the following procedure applies:

#### **1. Isolate**

- Cease contact with all crew members immediately
- Do not enter neuralgic points on the set
- Disinfect hands
- Have temperature taken twice at 15-minute intervals, leave the set immediately if symptoms are detected

#### **2. Report**

Contact production manager, producer, possibly Covid-19 officer by phone and report suspicion.

### 3. Seek medical advice

- GP, medical officers, medical hotline or FOPH Infoline Coronavirus: +41 58 463 00 00
- Do not visit a doctor unannounced
- Visit hospital emergency department only in case of severe symptoms

### 4. Diagnosis

If there is reasonable suspicion, the doctor and/or production management can order a coronavirus test.

### 5. Domestic quarantine

- Stay at home (no walks, shopping etc.)
- Do not come to work
- Seek / request help for purchases and errands

### 6. Report contact person

In accordance with the instructions of the health department, the production management reports the case to the health department and follows its instructions.

### 7. Monitor state of health

- Check symptoms regularly
- If symptoms persist, follow medical advice

### 8. Quarantine versus isolation

In case of suspicion a 14-day **quarantine** is ordered and the person is tested.

If the test result is positive, a person must be in **isolation**. After 10-12 days the test is repeated.

The person can only leave the isolation if two tests in a row are negative.